

# **Study Centre**

After-school Study Club for Middle School students



Milkwood Steiner School

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#### Milkwood Steiner School's Study Centre

Milkwood Steiner School's Middle School (Year 7-8) program is situated on Larrakia land (Darwin).

Milkwood's Study Centre was developed through:

- 1. Feedback from families about their own capacity to support their children with the learning they need to undertake, out of school hours; in Middle School, students need support at home to complete their homework, but there are many pressures on families that make this challenging to provide.
- 2. Feedback from staff, determining that all Middle School students have daily work they need to complete in order to support differentiated learning needs. This work acknowledges that some students need more practise at a new skill than others to achieve confidence and mastery, and that some students need extension work to ensure they are suitably challenged and engaged and that by Middle School, much of this work is expected to happen out of school hours.
- 3. A wish to build on Milkwood's Middle School program, in its foundational years.

Milkwood's Study Centre Program is staffed by an Educator on Mondays and Thursday from 3-5:30pm in the school Library and Music Room.

#### The Program:

- Provides Middle School students with support to complete their homework and extension work set by their Milkwood teachers, or teachers of extra-curricular subjects students undertake outside of school, communicated to the educator via the students' Study Journals.
- Provides healthy study skills coaching, helping students to set their own goals or meet the goals set by their teachers, organise their time, and establish healthy study habits including habits for giving their bodies and minds what they need for good learning (eg. Structured movement breaks, food, time outdoors...)
- Provides a referral pathway for teachers noticing their students falling behind, missing deadlines or not reaching their potential – any Middle School student can access Study Centre, but teachers can recommend a student attends Study Centre, communicating to parents directly or via the Principal.

The Study Centre Educator's role is to help students stay on task and to structure their time, to lead some quick outdoor/movement break activities every hour to set up good habits, and to help them to problem-solve if they get stuck on a homework issue. The Educator helps students make a plan for how to seek clarification on a task, or how to access different strategies for solving the challenges they encounter in work that is set by their teachers, rather than providing academic/curriculum expertise. The goal of Study Centre is to foster responsibility and independence in study skills.

### **Study Journal**

Milkwood Middle School students receive and maintain a Study Journal.

The Study Journal is a tool designed to teach skills in time management, organising and prioritising tasks, planning and receiving feedback.

The Study Journal is the responsibility of the student. Students are allocated time in each school class to note their homework or study focus, with the aim of establishing good study habits and independence.

Students are responsible for bringing their Study Journal to Study Centre, along with any other learning materials required to complete their tasks. This is an important tool for maintaining communication and accountability between the Student, Home, School and Study Centre Educator.

## **Study Centre Schedule**

2:35	School ends. Students have something to eat and have a short break before Study Centre check in starts. Students can sign into Study
	Centre between 2:30-3:00pm
3:00	Group check in and intention setting: what are my tasks and how will I prioritise (Study Journal)
3:15	Study Block 1
4:00	Movement break
4:15	Study Block 2
5:15	Group check out: what did I achieve, what do I need to do next?
5:30	Study Centre closes.

#### **Policies and Code of Conduct**

Study Centre participants adhere to Milkwood Steiner School Association's policies and code of conduct. The safety and wellbeing of all who attend is paramount. Parents will be contacted to collect children if safety or wellbeing concern arise, or if students are not using Study Centre for its intended purpose.

### **Accessing Study Centre**

Parents complete a consent form, distributed to Milkwood Middle School students in Week 8 of each term. Parents then receive an invoice for unlimited access to Study Centre each term. The fee is \$140 per term, regardless of how many times a student accesses Study Centre. Students may access Study Centre regularly or as a one-off as needed.

Study Centre takes place in the library and music room.

For more information contact admin@milkwood.nt.edu.au / 8947 0608